

Community Counseling Resources

IUSD Guidance Resources has made every attempt to confirm that the information contained in this document is accurate.

However, we do not endorse any therapist, counselor or service listed.

Referrals to IUSD employees (*) who are in private practice should not be made for any youth or their families at schools where the employees serve.

September 2014

**IUSD GUIDANCE RESOURCES
COMMUNITY COUNSELING RESOURCES 2014-2015**

SECTION	PAGE
Private Therapists	2
Eating Disorders	7
Psychiatrists	8
Counseling Centers	8
Teen Health Services	9
Educational Testing	9
Shelters – 24-hour Hotlines	10
Legal Information	10
Marijuana Help	10
Hospitals	10
Drug Testing	11
Drug Rehab Programs	11
Miscellaneous	12

**IUSD GUIDANCE RESOURCES
COMMUNITY COUNSELING RESOURCES 2014-2015**

PRIVATE THERAPISTS:

Kerry Alcott, M.A., LMFT

2721 E. Coast Highway, Ste. 209, Corona del Mar, CA 92625, (949) 246-1888, kerryalcott@yahoo.com

Adolescent & family counseling, specializing in mother-daughter dynamics, families, and blended families. Sliding scale available.

Shauna Amadore, MFT

19600 Fairchild Rd. Ste. 130, Irvine, CA 92612, (949) 939-0242

Gay & Lesbian issues, anger or stress management and teen issues. Life changes or losses. Individuals, couples and families along with depression and anxiety. Fee \$150. Sliding scale available.

***Beth Baker, MFT**

28281 Crown Valley Parkway, Ste. 140, Laguna Niguel, CA 92677, (949) 367-1200,

www.lagunapsychiatrist.com, info@lagunabehavioral.com

Children ages 5-17. Domestic violence, shared custody, parent education, couples, family, problem teens, substance abuse, Asperger's disorder. Most major insurance accepted. Initial visit \$150. Sessions \$125.

Gregg M. Baringoldz, Ph.D.

1001 Dove St., Ste. 110, Newport beach, CA 92660, (949) 552-6400, (888) 486-2148

Adolescent and family counseling, ADD and ADHA assessment and treatment, cognitive and attention training, remedial and advanced placement evaluation, substance abuse and parenting issues. Insurance managed care and sliding scale available. Accept most insurance plans.

Marc Bertone, MFT, MA, JD

4605 Barranca Parkway, Suite 101A, Irvine, CA 92604, (949) 683-0412,

www.bertonetherapy.com, marcbertone@me.com

Adolescent, adult and family counseling, specializing in anxiety, depression, anger management, addiction and parenting issues. Fee \$120. 50% discount to IUSD high school students.

Debbie Miranda Bristol, MFT

1913 E. 17th St., Ste. 119, N. Tustin, CA 92705, (714) 543-6720

Step-parenting, family relationships issues, chemical dependency and trained in active parenting. Sliding scale available but referred to interns.

Jennifer Cannon, MA, MFT

901 Dove St., Ste. 295, Newport Beach, CA, 92660, (949) 500-6940, 4canjen@sbcglobal.com

Adolescent, family and individual therapy. Sliding scale available.

Joseph Cervantes, Ph.D., ABPP

1110 E. Chapman Ste. 202, Orange, CA 92866, (714) 744-9754

Child, adolescents and families. General Fee \$195. Sliding scale available.

Sharon Countryman, LCSW

17461 Irvine Blvd. Ste. C, Tustin, CA 92780, (949) 677-8323

Child, adolescent, adult and family therapy. \$110/hour. Sliding scale available.

Sharon Crosby, MS

14150 Culver Drive, Ste. 307, Irvine, CA 92604, (949) 857-0760

Individual, couples & family therapy. Psycho-education testing available. Sliding scale available.

**IUSD GUIDANCE RESOURCES
COMMUNITY COUNSELING RESOURCES 2014-2015**

Barbara Cunningham, RN, LCSW

18600 Main Street, Ste. 270, Huntington Beach, CA 92648, (714) 460-2792

Adolescents, couples and families. Parenting issues. Sliding scale to \$50 per session available.

Denise Davis, MS, MFT

17772 Irvine Blvd. Ste. 202, Tustin, CA 92780, (714) 544-9655

Marriage, family, child, individual and family counseling, including ADD/ADHS study skills. Sliding scale available.

Carley Flam Decker, Ph.D.

1151 Dove St., Ste. 204, Newport Beach, CA 92660, (949) 525-2655

General adult and adolescent psychotherapy. Attachment parenting, trauma, including sexual abuse, victims of crimes, mood disorders, body image issues, grief and loss, chronic illness, sexual orientation. Lifespan, developmental and relationship adjustment issues. Pregnancy related issues, peri- and postpartum adjustment. Fee \$165. Sliding scale available.

Sheila Diskin, MA, MFT

25283 Cabot road, Ste. 107, Laguna Hills, CA 92656, (949) 249-4408

Adolescents and families. Teen, adult and anger management groups. PTSD, adults suffering from trauma of childhood. Sliding scale available.

Elisa Dombrowski, MA, LMFT

2721 East coast Hwy. , Ste. 209, Corona del Mar, CA 92625, (949) 225-7464

www.orangecountycounseling.net elisadombrowski@yahoo.com

Teens, adults, couples and families. Teen dating relationships, parent-child conflicts, blended families, children of divorce, pre-marital counseling. Fee \$120. Sliding scale available.

Lorie Geery, MFT

16052 Beach Blvd. Ste. 212, Huntington Beach, CA 92647, (714) 402-7285, lgeery@socal.rr.com

Adolescence, adult, couples, families, parenting, family dynamics, depression anxiety, adjustment and school issues, conflict communication and relationships. Accepts most insurance. Sliding scale available.

Ann E. Goldman, MA, MFT

369 S. Glassell St., Orange, CA 92868, (949) 439-3959, anngoldmanmft@gmail.com

Adolescences, adults, couples, and parenting teens. Anxiety and depression. Trauma, grief and loss. Fee \$120. Sliding scale available.

Kim Gunderson, LMFT

414 N. Eastside Ave., Santa Ana, CA 92701, (714) 323-5445, outofthechrysalis@yahoo.com

Women/families having difficulty getting pregnant, relationship issues. Fee \$100. Sliding scale available.

Nicole Gyurik, LCSW

1151 Dove St. Ste. 105, Newport Beach, CA 92662, (949) 689-5904

Child/adolescent developmental and social issues. Family dynamics, conflict, relationships and communication. Depression, anxiety, adjustment issues. Parent-child/teen communication as well as school issues. Postpartum depression. \$100 individual/\$120 family/couple. Sliding scale available.

Jessica Hamilton, CSW

2222 Martin Suite 200, Irvine, CA 92612, (949) 444-2851, www.jhamiltonlcsw.com, jessica@jhamiltonlcsw.com

Children, adolescents, and families.

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

Patrick Healey, LMFT

4010 Barranca Pkwy., Ste. 252, Irvine, CA 92604, (949) 733-1440

Individual, relationship counseling. Neurofeedback, ADHD, autistic spectrum children. Sliding scale available.

Renee Hulse, MFT

777 Corporate Drive, Ste. 250, Ladera Ranch, CA 92694, (949) 310-4682

Children, adolescents, and families. Fee \$110/hr. Lower fee for HMO's.

Kelly James, MFT

6200 East Canyon Rim Rd. Ste. 211 E, Anaheim Hills, CA 92807, (714) 330-8505

Adolescent, individual and couples. Depression, anxiety, eating disorders, relationship issues and communication. Fee \$80-100. Sliding fee available.

Joseph P. Jardine, MS, LMFT

14751 Plaza Dr., Ste. F, Tustin, CA 92780, (949) 292-7833, www.occcounseling.com

Individual, family and child therapy specializing in troubled teens dealing with issues of motivation, academic success, addiction, peer pressure, ADHD and parent/child relationships. \$135 per session. Sliding scale available.

Wiley Johnson, Ph.D.

19700 Fairchild, Irvine, CA 92612, (949) 955-3000

Adolescents (12-18), families, couples, high-conflict divorce, anxiety, depression. Fee \$225, sliding scale.

Elizabeth Kane, MA, MFT-I

18023 Sky Park Circle, Ste. F, Irvine, CA 92614, (949) 683-6268, www.southorangecountycounseling.com

Specializing in work with couples, teens, individuals, families and those dealing with addiction issues. Self-esteem for girls and teens, parenting/couple workshops. Saturday hours available. Fee \$100/session. Sliding scale.

Rachel Kelts,, M.A., LMFT

1100 Quail Street, Ste. 111, Newport Beach, CA 92660, (949) 981-9717, Rachel@creawisdom.com

Child, family relations; individual, family and group counseling; Anger Management; uses yoga and meditation to help individuals and couples overcome depression, anxiety and anger. Sliding scale fee.

Courtney Knapp, Psy.D

2081 Business Center Drive, Ste. 109, Irvine, CA 92612, (949) 529-1191, www.drcourtneyknapp.com,

drknapp@drcourtneyknapp.com

Children, adolescents, families, anxiety, depression, blended families, educational issues. \$110 and sliding scale.

Katherine Ko, Ph.D.

4950 Barranca Parkway, Suite 310-A, Irvine, CA 92604, (949) 973-1137, Fax (888) 973-1138

Clinical Psychologist. Speaks English, Chinese, Mandarin and Taiwanese. Adolescents, individuals and family therapy. Disorders, i.e., general anxiety, depression, parent-child issues, social/peer issues. Sliding scale/fee \$125/hr.; also accepts mental health insurance (PPO, POS, HMO)

Allison S. Kress, Psy.D.

28281 Crown Valley Pkwy., Ste. 225, Laguna Niguel, CA 92677, (949) 235-6636, www.dralisonkress.com

Specializes in working with adolescents and families; cutting or other self-injurious behavior; women's issues. Fee \$175, some sliding scale. Available for speaking engagements on cutting and other self-injurious behaviors.

Yanina Lambert, MFT

2240 University Drive, Suite 150, Newport Beach, CA 92660, (714)988-3969, yvloffice@gmail.com

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

Children, adolescents, families, couples. Speaks Spanish. Sliding scale.

Taube Levitt, LMFT

62 Discovery, Ste. 100, Irvine, CA 92618, (949) 551-4272, www.ochpa.com, info@ochpa.com

Children/adolescent issues; sexual abuse/molestation; anxiety/depression; PTSD; anger management; women's issues; parenting/ divorce issues; domestic violence and eating disorders. Work with insurance and sliding scale.

Tena K. Madrid, LMFT

Counseling Solutions, 1151 Dove Street, # 113, Newport Beach, CA 92660, (714) 624-1344

Specialist with at-risk youth providing child, adolescent and family therapy for related issues: behavioral; ADHD; ODD; anxiety; depression; self-mutilation; eating disorders; victims of violent crimes and sexual abuse; parenting; divorce; anger management. Probation approved. Certificated Domestic Violence. Sliding scale for uninsured. Open Saturdays.

Cindy May, Ph.D.

4199 Campus Drive, Ste. 550, Irvine, CA 92612, (310) 927-3058, cindymayphd@gmail.com

Adolescent Counseling Services. Counseling services for teens who struggle with a variety of issues such as academics, anxiety, depression, peer and family issues; drug and alcohol abuse; acting-out behaviors. Offers parent consultations for parents and families with a struggling teen. Sliding scale \$75-\$150; insurance accepted.

***Maura McDonald, MFCC**

1600 Dove Street, Ste. 140, Newport Beach, CA 92660, (949) 833-3570

Adolescents to adults (women's issues, relationship issues, etc.). Sliding scale. Most insurance accepted.

Margi McNelly, LMFT

23282 Mill Creek Dd., Ste. 260, Laguna Hills, CA, (949) 580-5613

ADHD, ODD, family issues, depression. Fee \$125, sliding scale to \$105.

Sari Mendelsohn, LCSW

15615 Alton Pkwy., Ste. 220, Irvine, CA 92618, (949) 727-0509

Individual, child, couples and family therapy. Fee \$150. Sliding fee during off hours. Accepts most insurance.

Shellee Moore, M.A., M.S., M.F.T.

20 Corporate Park, Ste. 215, Irvine, CA 92606, (949) 261-8299,

<http://thesolutiontherapist.com> shellee@thesolutiontherapist.com

Child, adolescent, individual, marriage, family counseling. Anxiety, ADD, depression, parenting, separation and divorce, oppositional defiant disorder, behavior problems, grief and loss, mother-daughter issues.

Office/phone/Skype/walk-and-talk sessions. Day, eve., Sat. appts. Accepts credit cards; sliding scale. Seminars: Helping Children Cope with Divorce; Parenting Your Strong-Willed Child; Single Parents Raise Good Kids Too.

Dr. Patricia Moulton

4605 Barranca Parkway, Ste. 101E, Irvine, CA 92604, (949) 857-0193

Children, adolescents and families; on many insurance panels; most insurance plans accepted. Fee: \$150. Negotiable fee for uninsured.

**IUSD GUIDANCE RESOURCES
COMMUNITY COUNSELING RESOURCES 2014-2015**

Dawn Nelson De Ramirez, MFT Intern

18023 Sky Park Circle, Ste. G, Irvine, CA 92604, (949) 351-0973, Dawn@therapybydawn.com

Children, teens, high conflict divorce, custody. Sliding scale to \$50.

Dr. Aaron Neustadt

101 Pacifica, Ste. 160, Irvine, CA 92618, (949) 453-0122

Child Psychiatrist. Assessment and treatment, psychotherapy, evaluation for medication, and family treatment. ADD, depression and anxiety disorders. Modified sliding scale.

Dr. Kathleen Nickerson, Ph.D.

7545 Irvine Center Drive, Ste. 200, Irvine, CA 92618, (949) 500-0546

drkathynickerson@yahoo.com www.drkathynickerson.com

Marriage counseling, specializing in helping couples recover from affairs, save marriages and stop divorce. Free tools/activities available on website. Discount for IUSD families, therapy "scholarships" available.

Doug O'Bryan, M.A., L.M.F.T.

4425 Jamboree Road, Ste. 270, Newport Beach, CA 92660, (949) 677-0624

Marriage, family, child and adolescent disorders. Families and individuals. ADD/ADHD, conduct disorder, anxiety/mood disorders, depression, stress, anger management, obsessive-compulsive disorder, behavioral problems, parenting skills, coupled/relationship, divorce/dissolution, and substance abuse. Sliding fee to \$75.

Deeann Peterson, LMFT

5001 Birch Street, Newport Beach, CA 92660, (949) 439-3880

www.petersontherapy.com, peterontherapy@gmail.com

Specializing in adolescent and family issues. Experienced working with school expulsions. Individual counseling for adults and children. Grief Groups for children and teens; Parent Support Groups; Divorce Support Groups. Weekend and evening appointments also available. Located near Jamboree and 405 Fwy. Fee \$100, sliding scale.

Scott Peebles, M.A., FMCC, H.B.

1151 Dove St., Ste. 160, Newport Beach, CA 92660, (949) 833-1559, www.scottpeebles.com

Child, teen and parenting specialist. Professional speaker and Staff Development trainer. Fee \$145 and up.

Holly Plummer, M.A., MFT

30011 Ivy Glenn, Ste. 220, Laguna Nigues, CA 92677, (949) 451-2412

Individual, family, couples, children and adolescent issues. Accepts most insurance.

Dr. Barry Ross

7 Corporate Park, #235, Irvine, CA 92606, (949) 852-1410, brosspsych@gmail.com

Psychologist/Psychoanalyst. Eating disorders, anxiety, depression, psychosomatic conditions. Sliding scale.

Sophia Sandoval-Meyer, LCSW

1115 Dove Street, Ste. 170, Newport Beach, CA 92660, (949) 466-4989, sophiasandovalmeyer@yahoo.com

Children, families and adolescents with grief and loss, children of terminally ill parents, adoption issues (pre and post), attachment issues and trauma. Fee \$125.

Ashley Schenkel, M.S., M.F.T. Intern

4010 Barranca Parkway, Ste. 252, Irvine, CA 92604, (949) 547-9268, www.askleyschenkel.com

Specializing in couples, marital/family therapy. Fee discussed with clients on phone intake.

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

Mariam Sheibani, Ph.D.

1150 Dove St., Ste. 170, Newport Beach, CA 92660, (949) 224-3063

Children, teens, families, parenting. Specializes in treating children of divorce. Fees \$125 - \$150, sliding scale.

Dr. Scott Snow, Ph.D.

360 San Miguel #301, Newport Beach, CA 92660, (714) 403-8737

Parent-child conflict, adolescents, marriage therapy. Fee \$125 for individual, \$150 for marital therapy.

Kathy Steele, LMFT

1151 Dove St., Ste. 113, Newport Beach, CA 92660, (949) 274-05240, www.kmsteele.com

Child, adolescent, individual and family counseling. Anxiety disorders and eating disorders. Sliding scale.

Sara Sutton, LPCC

15 Nevada, Irvine, CA 92606, (858) 722-6240

Children, adolescents, anxiety, depression, divorce, blended families, anger management, school issues. \$110 per hour, sliding scale available.

Cathlyn Traughber, MFT

1151 Dove St., Ste. 113, Newport Beach, CA 92660, (949) 509-3003

Out-of-control teens. Marriage and family therapy. Grief and loss. Long-term illness. Sliding scale.

Dianna Troutt, MFT

1151 Dove St., Ste. 170, Newport Beach, CA 92660, (949) 458-6933, www.diannatroutt.com

Couples therapy, adolescent issues, anger management, depression, anxiety, and substance use. Sliding scale \$50 - \$100. Teaches alcohol/drug classes for HBUUSD.

Michael Webb, MFT

**1151 Dove St., Ste. 170, Newport Beach, CA 92660, (949) 475-5400 ext. 3, www.webbcounseling.com,
Michael@webbcounseling.com**

Couples, families, adolescents. Anxiety, depression, grief, ADHD and couples counseling. Fee \$160.

Morag Webb, MFT

1151 Dove St., Ste. 170, Newport Beach, CA 92660, (949) 475-5400 ext. 4, www.webbcounseling.com

Children, adolescents and families. Anxiety, depression, grief, adoption, social skills groups (ages 6-14), parenting. Asperger's Syndrome, ADHD, and children of alcoholics. Fee \$160.

Richard N. Weisberg, Ph.D., LCSW, BCD

1401 Quail St., Ste. 115, Newport Beach, CA 92660, (949) 495-9800

Children, adolescents, troubled teens, children with emotional disorders and higher function families. Initial evaluation: 1.5 hrs. \$350. 1 hr. individual psychotherapy \$215. 1 hr. family therapy \$225. Ins. Reimb. available.

Dr. Shelly Zavala, MFT

1151 Dove St., Ste. 204, Newport Beach, CA 92660, (949) 752-7955, www.DrZavala.com, drzavala@mac.com

Anxiety, depression, family issues, eating disorders, neuropsychology. Fees \$15 - \$170, small sliding scale.

EATING DISORDERS:

Katie Bartels

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

2900 Bristol St., Ste. B-102, Costa Mesa, CA 92626, (714) 290-4591

Registered Dietitian

Specializing in adolescents with eating disorders – anorexia nervosa, bulimia nervosa and binge eating disorder. Sliding fee \$100/hr or \$50/half hr.

PSYCHIATRISTS:

Dr. Britton Ashley Arey , Irvine, (714) 556-5004, Adolescents and children

Dr. Barton Blinder, Newport Beach, (949) 640-4440

Dr. Harold Boerlin, Irvine, (949) 753-1143

Dr. Emily Johnson, Mission Viejo, (949) 365-0063, Adolescents and children

Dr. Tony King, Lake Forest (949) 648-7749

Dr. Matt Koury, Newport Beach, ((949) 891-0307, Adolescents and children

Dr. Lesley Macarthur, Newport Beach, (949) 752-2204, Adolescents and children

Dr. Thomas Okamoto, Newport, (714) 558-2460

Dr. Ken Steinhoff, Newport Beach/Irvine/UCI, (949) 754-0504, Adolescents and children

Dr. Dan R. Tzuang, 4199 Campus, Suite 550, Irvine, CA 92612, (949) 725-2205

Children, adolescents, adults, spectrum disorders, ADHA, stress, anxiety, depression. Sliding scale.

COUNSELING CENTERS:

Irvine Family Resource Center

@Creekside Education Center, 3387 Barranca Parkway, N-22, Irvine, CA 92604, (949) 936-7580.

For referrals contact Susan Holt, 936-7502

Counseling and referral services for IUSD students and their families, and parent education classes .

Integrated Recover

3151 Airway Ave, Ste. N-1, Costa Mesa, CA 92626, (949) 533-6075, drron@integrated-recovery.com

Offering individual and family counseling and group therapy. Specializing in chemical dependency, and behavioral and mood disorders. Day treatment program for kids who need an all-day program.

ATSC

1981 Orchard Dr., Newport Beach CA 92660, (949) 756-0993

Offering family therapy. Referrals from police and schools. Focused on high-risk youth. Services are free.

Center for Learning and Behavioral Solutions

16220 Scientific Way, Irvine, CA 92604, (949) 654-2424

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

Evaluations. Cognition, academics, attention and concentration, and social functioning. Farsi spoken.

Center for Discovery

4281 Katella Ave, Los Alamitos, CA 90720 (800) 760-3934
Inpatient eating disorders

FOR Families

PO Box 19575, 1 Civic Center Plaza, Irvine, CA 92623 (949) 724-6650, www.irvineFORfamilies.org
Information, referral services, and short-term support for anyone living or working in Irvine who needs assistance with services and resources. Free services for Irvine residents. Fee for non-residents \$25.

Mariposa Women's and Family Center

812 W. Town & Country Rd, Orange, CA 92868, (714) 547-6494, www.mariposacenter.org
Women, adolescents, children, couples. Various recovery groups. Sliding fee.

Pepperdine University Community Counseling Center

Irvine Graduate Campus

18111 Von Karman Ave., Ste. 401, Irvine, CA 92612, (949) 233-2570

Individual, couple and family counseling. Day-evening appointments. Sliding scale fee.

Straight Talk Clinic

5712 Camp St., Cypress, CA 90630 (714) 828-2000, www.straighttalkcounseling.org
Family, child, adolescent counseling. Sliding scale fee.

Children and Youth Services (CYS) South Region, Orange County Health Care Agency

3115 Redhill Ave., Costa Mesa, CA 92626 (714) 850-8408

Outpatient mental health clinic providing individual, group and family therapy, medication support, crisis intervention, treatment referrals, parent and family education and case management

Orange County Health Care Agency, Behavioral Health Services – Western Youth Services

10101 Slater Ave., Ste. 241, Fountain Valley, CA 92708 (714) 378-2620 <http://orange.networkofcare.org>

Services related to mental and behavioral health, addiction, advocacy, support and housing

TEEN HEALTH SERVICES:

Advantage Plus Medical Center

18021 Sky Park Circle, Ste. H & G, Irvine, CA 92614, (949) 260-0744 for appointments

Birth control, pregnancy tests, pap smears, vaccines, annual physicals. Health services are absolutely confidential. Walk-in hours: M-F, 8:00 a.m. – 5:00 p.m. Fee \$120.

EDUCATIONAL TESTING:

Dr. Shirin Ansari, Center for Learning, (949) 654-2424

Sharon Crosby, MS, (949) 857-0760 (see Private Therapists for information)

**IUSD GUIDANCE RESOURCES
COMMUNITY COUNSELING RESOURCES 2014-2015**

AnnBeth Shanfield, Educational Therapists, (714) 402, 8523

SHELTERS – 24-HOUR HOTLINES:

Casa Youth Shelter (ages 12-17), (800) 914-2272

A safe place to stay, sleep and eat:

10911 Reagan St., Los Alamitos, CA 90720, (714) 995-8601 or (562) 594-6825, www.casayouthshelter.org

Human Options (over 18 years of age), (949) 854-3554, www.humanoptions.org

24-hour Bilingual HOTLINE: (877) 854-3594

Interval House HOTLINE: (714) 891-8121

Long Beach: (562) 594-4555

WTLC (Women's Transitional Living Ctr.): (714) 992-1931

Laura's House 24-hour HOTLINE: (866) 498-1511, www.laurashouse.com

Huntington Beach Youth Shelter

7291 Talbert Ave., Huntington Beach, CA 92648, (714) 842-6600

CSP Youth Shelter

Laguna Beach, CA 92651, (949) 494-4311

Boys Town California

2223 E. Wellington Ave., Ste. 350, Santa Ana, CA 92701 (714-558-0303

Family Homes for Adolescents and Family Home for Young Children. Also In-Home Family Services and Community Support Services

LEGAL INFORMATION:

Victim Witness (24-hour), (714) 957-2737

Restraining orders

MARIJUANA HELP:

Marijuana Anonymous, Orange County phone line: (714) 999-9409, www.marijuana-anonymous.org

HOSPITALS:

College Hospital

301 Victoria St., Costa Mesa, CA 92627, (949) 642-2734

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

24-hour Crisis HOTLINE/O.C.: (800) 773-8001

Cerritos: (562) 924-9581

Inpatient treatment for adolescent mental disorders, suicidal ideation. Free assessments (24-hr. availability; referral to structured outpatient program.

DRUG TESTING:

Complete Drug Testing

27071 Cabot Rd., Ste. 111, Laguna Hills, CA 92653, (949) 582-2738, www.completedrugtesting.com

Full-service facility. Hair/urine/DNA testing. No appointment necessary. Home drug and alcohol test kits available. M-F 8:00 a.m. – 6:00 p.m.

LabWest Inc.

Newport Beach, CA (949) 646-2738

Call for current test fees.

Chapman Medical Center, Positive Achievement Center

2601 E. Chapman Ave., Orange, CA 92869, (800) 337-2966

Complete analysis; call for fees.

The Hope Institute

890 W. Baker St., Ste. 200A, Costa Mesa CA 92626, (714) 432-0020, www.hopeinstitute.org

Drug test results within 24 hours.

DRUG REHAB PROGRAMS:

Breakaway Health

3151 Airway Ave., Suite D-1, Costa Mesa, CA 92626, (714) 957-8229, www.breakawayhealth.com

Adult and adolescent outpatient treatment for chemical dependency. Drug screening.

Chapman House

1412 E. Chapman Ave., Orange, CA 92867, (800) 451-1947, www.chapmanrehab.com

Adult and adolescent treatment programs; inpatient treatment and detox; outpatient and family programs.

Drug testing with immediate results.

Chapman Positive Achievement Center

2601 E. Chapman, Orange CA 92869, (800) 337-2966

Adolescent drug rehab.

The Hope Institute

890 W. Baker St., Ste. 200A, Costa Mesa, CA 92626, (714) 432-0200, www.hopeinstitute.org

Outpatient day (Access – 6 mos.) and evenings M-W-Th (3 mos.) classes. Insurance accepted.

Phoenix House

1207 E. Fruit St., Santa Ana, CA 92701, (800) 251-0921, www.phoenixhouse-orangecounty.org

30-day to – 6-mo. Inpatient drug rehab program.

IUSD GUIDANCE RESOURCES COMMUNITY COUNSELING RESOURCES 2014-2015

Touchstones

P.O. BOX 849, 525 n. Parker St., Orange, CA 92856, (714) 639-5542 or (866) 395-1680 (toll-free)
6 – 9 mo. Residential drug rehab program for adolescents.

Twin Town Treatment Center

705 W. La Veta Ave., Ste. 206, Orange, CA 92868 (714) 532-9295, www.twintowntreatmentcenters.com
Outpatient treatment for adult and adolescent addiction

449recovery

1401 North El Camino Real, Ste. 106, San Clemente, CA 92672, 855-449-4490, www.449recovery.org
Outpatient rehab program for substance abuse (incl. alcohol) and addiction treatment, detox, assessment, individual and group counseling. Free drug testing includes synthetic and prescription drugs. All major insurance accepted.

MISCELLANEOUS:

Alcoholics Anonymous

www.aa.org

Check web site for local meetings

Al-Anon / Alateen

12391 Lewis St., Ste. 102, Garden Grove, CA 92840, (714-748-1113, www.orangecountyalanon.org

Project Hope Alliance

343 Grove Ave., Orange, CA 92865 www.projecthopealliance.org

Education and support for homeless families:

Skyview Elementary and Middle School (714)796-8731

Family Stability Program (714) 796-8737

Safe Families for Children (through Olive Crest Orange County)

2130 E. 4th St., Santa Ana, CA 92705 (714) 543-5437 email: safefamilies@olivecrest.org web site: www.safe-families.org

Partnerships with local churches to provide safe homes for children whose families are in crisis, and counseling/ education for youth and parents.

NOTE: Additional referrals to community resources are available through Susan Holt and The Irvine Family Resource Center, (949) 936-7502, and the Irvine Prevention Coalition web site, <http://www.irvinepreventioncoalition.org>